**Patient recall letter template**

<Practice address and phone number>

<Date>

Dear <Patient name>

Shingles is a common condition and the risk of shingles and related complications increases with age. Shingles can strike at any time and may affect your life for months or even years.

97% of adults have the virus that causes shingles within them and there is no way to predict who will develop shingles, when the virus will reactivate, how severe it will be and how long the pain will last.

1 in 3 people will develop shingles in their lifetime.

The most common symptom of shingles is a painful, blistering rash, usually on one side of the body. People who have shingles often say the pain is excruciating, making it hard to sleep, walk or enjoy everyday life.

While shingles often resolves without complications, some people may continue to experience ongoing nerve pain for months or years after the rash has healed. Other less common complications of shingles may include infection, eye and ear problems and an increased risk of stroke.

**Contact us today to make an appointment to talk to your doctor about shingles prevention and treatment options.**

You can contact us on [insert practice phone number and opening hours].

Kind regards,

<insert relevant sign-off name>